



Welcome to CHNET-Works! Fireside Chats

Friday March 10th 1:00 – 2:00 PM EST

‘Built Environments and Health’

Viewpoints and insights from
a municipal councilor, planner and engineer.

Moderator: Michael Haynes – Go for Green

www.chnet-works.ca

Hosted by: University of Ottawa – Community Health Research Unit

Funded by: Ontario Ministry of Health and Long Term Care 2005 – 2006

Canadian Health Services Research Foundation 2004 – 2005

A bit of housekeeping....

- Have your Fireside Chats information available
- Use the mute function on your phone
- If your telephone line is interrupted or 'bad' hang up and call back in
- If the PowerPoint presentation via 'Bridgit' is delayed or fragmented... use the presentation sent to you
- Today's Fireside Chat will finish at 2:00 PM EST— however, there is time for interested participants to continue conversations until 2:15 PM EST

Transportation

Walking and cycling
infrastructure

Land use planning

Healthy active
population

Low dose
physical
activity

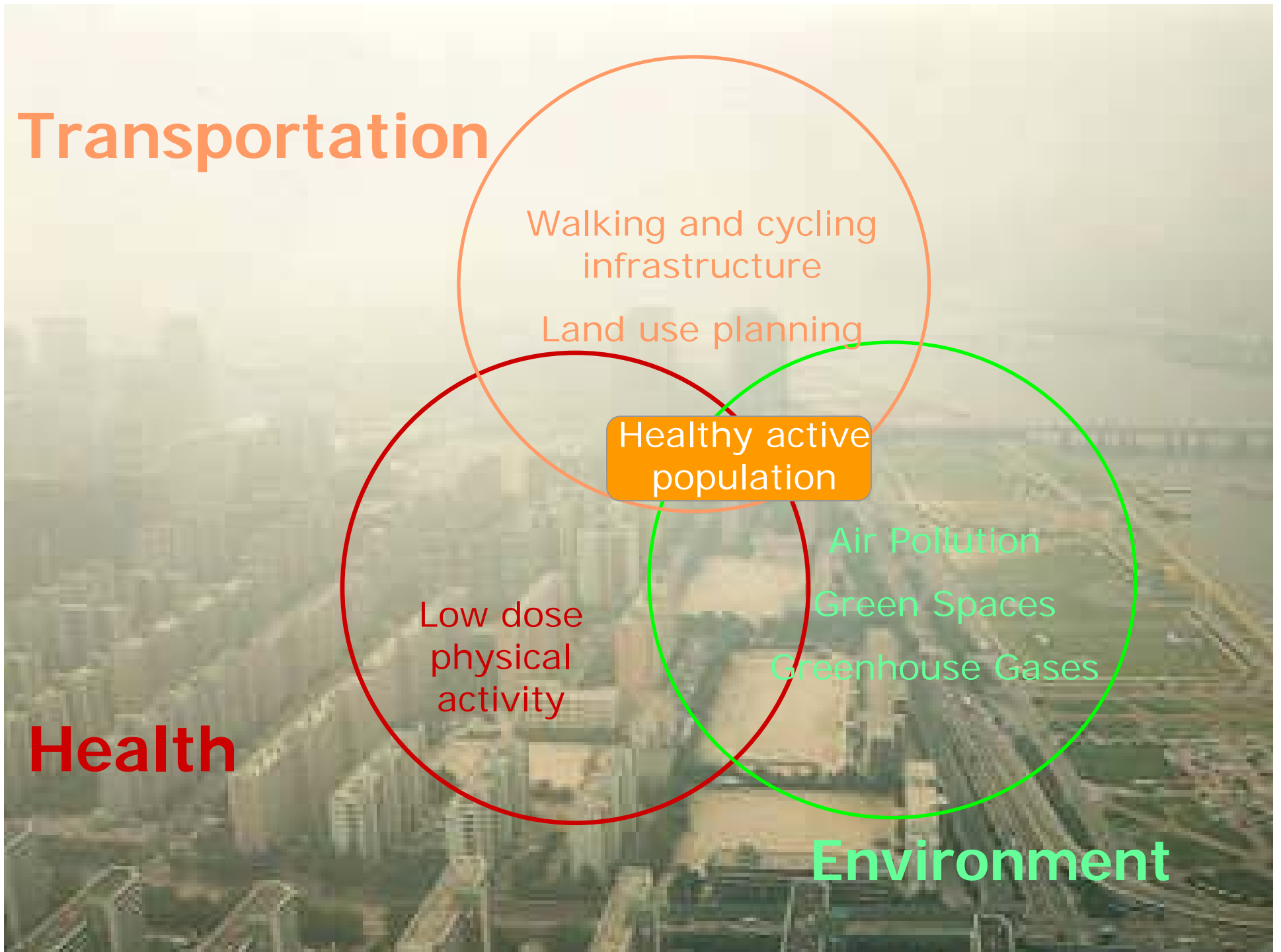
Air Pollution

Green Spaces

Greenhouse Gases

Health

Environment



Introducing your Advisors on Tap:

Municipal Planner:

Larry Silani, MCIP, RPP - Town of LaSalle, ON

Engineer:

**David Kriger, P.Eng., MCIP,
Vice President iTRANS Consulting Inc – Ottawa**

Municipal Council member:

Marie Turvey - Alderman, St Thomas, ON

Participants

Karen Armstrong
Wellington-Dufferin-Guelph Public Health
Orangeville, Ontario

Pat Lee
Roberta Cox
Regina Qu'Appelle Health Region Regina, SK

Debra Peterson
South Sask. Canadian Red Cross
Regina, Saskatchewan

Robin Cooper
Windsor-Essex County Health Unit
Essex, ON

Karen Lukic
Windsor-Essex County Health Unit
Windsor, Ontario

Joanne Peacock
Northwestern Health Unit
Sioux Lookout, ON

Cheryl Leia
Vancouver Coastal Health
Vancouver, BC

Theresa Grant
University of Ottawa
Ottawa, ON

Ann McLeod
Peterborough County-City Health Unit
Peterborough, Ontario

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Vancouver, BC

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Peterborough County-City Health Unit
Peterborough, Ontario

Laurie Dokis
Inter Tribal Health Authority
Vancouver Island

Wendy French
IMPACT, the injury prevention Centre of
Children's Hospital
Winnipeg, MB

Carol Goodall and Leslie Kennedy
Hastings & Prince Edward Counties
Health Unit
Belleville, ON

Laurie Dokis
Inter Tribal Health Authority
Vancouver Island

Wendy French
IMPACT, the injury prevention centre of
Children's Hospital
Winnipeg, MB

Julie Lévesque
Ottawa Public Health
Ottawa

Myrna Wright
Simcoe Muskoka
District Health Unit
Barrie, Ontario

Christine Bushey
Sarah Orr-Shaw
Simcoe Muskoka
District Health Unit
Barrie, ON

Monica Menecola from Osteoporosis Canada
Joanne Kaashoek
Toronto Public Health
Toronto, ON

Lisa Kaldeway
HKPR District Health Unit
Lindsay, Ontario

Carol Goodall and Leslie Kennedy
Hastings & Prince Edward Counties Health
Unit
Belleville, ON

Participants....2

Tammy Sauvé
Sudbury & District Health Unit
Sudbury, ON

Françoise Hubley
Niagara Region Public Health Department
St.Catharines ON

Josh Marko
Capital Health
Edmonton, AB

Ellen Hartwick
Good for Life
Midland, ON

Helle Little
Ontario Nurses' Association
Windsor

Kristy Eagleson
Algoma Health Unit
Sault Ste. Marie, ON

Marc Xuereb
Patrick Fisher
Region of Waterloo Public Health
Waterloo, ON

ALicia Tyson
SMDHU
Gravenhurst , ON

Bonnie Hostrawser
Chronic Disease Prevention Alliance of Canada (CDPAC)
Ottawa, ON, K1P 5G3

Sepia Sharma
Seniors Fall & Injury Prevention
Vancouver Coastal Health
Vancouver, B.C.

Joanne Alessi
Haldimand-Norfolk Health Unit
Caledonia, Ontario

And others....

Roles re: Built Environments

Where/how we fit in the process of supporting and developing built environments

1. Municipal Planner
2. Municipal Councilor
3. Engineer

Questions ...

People/sectors...



- **Who should be 'at the table' to discuss built environments in municipalities and how do you get them there?**
- **Where do we (Public Health) need to focus our energies? With municipalities, with the planners or the politicians? What would be the best strategy to create a working situation that is a win/win for all stakeholders?**

Questions..

Best practices, Access Codes and Standards:



- **Is there a mechanism in place that rewards traffic engineers for making livable (esthetically pleasing) streets instead of roadways that are built to move vehicles as quickly as possible?**
- **How can public health knowledge be incorporated into the planning and design process by municipal planners and engineers. To address unique needs of members : Seniors, children, disabled....etc. DK**

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Questions..

What's being done.....



- **How do you balance the interest to create new spaces to encourage safe and accessible physical activity with the need to do the same with already "built" spaces?**
- **What are other communities of varying sizes doing in this area? Are there examples in Canada of how the principles of built environments are being used in smaller communities and rural areas?**
- **Have there been any work/discussion/research surrounding built environments for first nations communities? How can the principles of built environments be used to support first nation communities in developing their capacity to engage in this process?**

Final comments from our panel...

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Other questions/comments from participants.....



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Next steps?



All questions from participants:

People/sectors...

- Who should be 'at the table' to discuss Built Environments in municipalities?
- How do you get the necessary people to the table to discuss these issues?
- Where do need to focus our energies with municipalities... with the planners or the politicians?
- What would be the best strategy to create a working situation that is a win/win for all stakeholders?
- Are the barriers to public health working with municipal planners? If so, what and how do we best eliminate the barriers?
- If you are planning workshops for municipal planners, what is the ideal timeframe? 1 day? 1/2 day? 2 days?
- How is the change in the delivery of health care (LHINs) being considered and the impact it will have on planning and providing service?

All questions from participants:

Best practices, Access Codes and Standards:

- • Where do municipal planners go for "best practice" information?
- • Is there a mechanism in place that rewards traffic engineers for making livable esthetically pleasing streets instead of roadways that are built to move vehicles as quickly as possible?
- • Are there Access Codes, or 'built environment' standards, or guidelines that apply to all municipalities across Ontario? If yes:
 - • Does the community have to be of a certain size or population for the standard to apply? Are there standards for County and rural areas
 - • Where can these standards be found?
 - • Who is responsible for implementation?
- • Do codes take into consideration the unique needs of the older adult? Is there a likelihood that this could happen given the large older adult population now and near future? E.g. standards for areas (senior's residences, apartment buildings, etc): traffic slowing methods, curb, sidewalk requirements.
- • Are there special considerations in built environments and safety for children?

Continued.....

All questions from participants:



What's being done:

- • What are other communities of varying sizes doing in this area?
- • Are there examples in Canada of how the principles of Built Environments are being used in smaller communities and rural areas?
- • Has there been any work/discussion/research surrounding Built Environments for First Nations communities. How can the principles of Built Environments be used to support First Nation communities in developing their capacity to engage in this process?
- • How do you balance the interest to create new spaces to encourage safe and accessible physical with the need to do the same with already "Built" spaces?

Other:

- Are any of the panelists willing/able to come to smaller communities to do workshops with planners and decision makers and can they recommend other peers that might be willing to do workshops as well (we have a limited budget!)



Thanks everyone!

We hope you will follow up this fireside Chat by joining in the on-line discussions

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